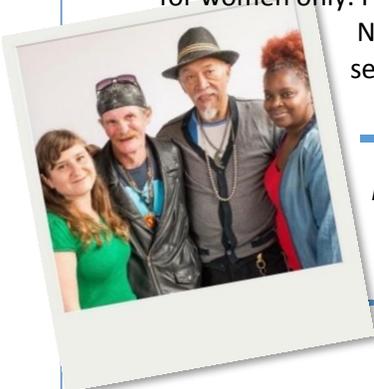


## SHANTI'S ANNUAL REPORT EXECUTIVE SUMMARY FY 2015 - 2016



On behalf of our clients, thank you for partnering with Shanti as we enhance the health, quality of life, and well-being of vulnerable San Franciscans in need. We are pleased to report to you that during our last fiscal year ending June 30, 2016 (FY 15-16), Shanti's staff worked with over 2,700 individuals. The following highlights progress made by our programs in FY 15-16 and shares client quotes to illustrate their experiences with Shanti.

**Shanti's HIV Services Program** served 377 PLWH last year. Clients come from many at-risk communities such as PLWH 50 years or older, communities of color, and women. Services included care navigation and advocacy with providers. Our Drop-in Center was open four days per week, with Fridays reserved for women only. FY 15-16 marked the first year that Shanti's HIV Services Program began providing Care Navigation services to people mono-infected with HCV. In total, we provided these services to nine people who are mono-infected with HCV.

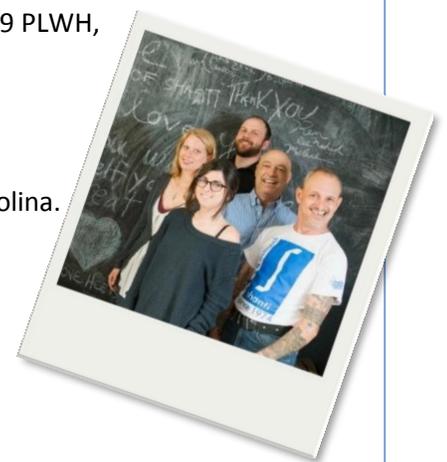


---

*"I thank Shanti for all that my volunteers have done during a time of many surgeries and health issues. It's been hard connecting with my community in my normal ways- I am working on it with my volunteers. **Thank you for all that you do to help.**" – Jeff, an HIV Services Program Client*

---

Our **Learning Immune Function Enhancement (L.I.F.E.) Interventions** served 609 PLWH, with 412 from San Francisco and 197 in other cities where we present the L.I.F.E workshop. Services included individual health counseling, structured groups, and workshops. In FY 2015-2016, the L.I.F.E. multi-week workshop was implemented in community-based organizations, hospitals, and medical clinics in nine national sites, including Missouri, Massachusetts, Florida, and South Carolina.



---

*"My T-cells are higher than they've been in fifteen-twenty years. **I am more confident and less socially awkward.**" – Kyle, a LIFE Workshop Graduate*

---

Shanti's **Margot Murphy Women's Cancer Program** provided services to 610 clients last year. In FY 15-16, we offered Care Navigation, Emotional & Practical Support, and Health & Wellness Activities to clients in this program. Clients tended to be low income with 80% earning less than 200% of the federal poverty level. The vast majority (81%) were women of color, and 45% did not speak English.



---

*"Everyone at Shanti whom I encountered has been patient, most gracious, and very caring. **Without Shanti's coordination and assistance (taxi vouchers, etc.) I could never get to doctors' appointments.**" – Susie, a Women's Cancer Program Client*

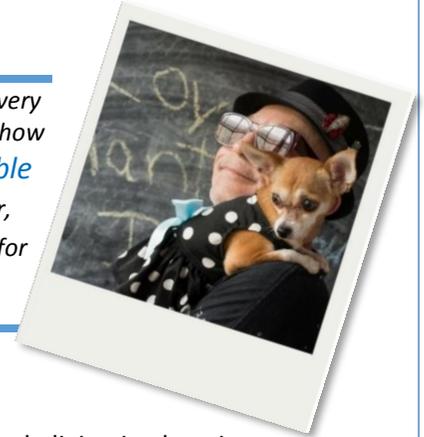
---

**Pets Are Wonderful Support (PAWS) Program** served 587 clients last year, all of whom are low-income seniors or people with disabling illnesses. We served 770 pets. At our Animal Food Bank this past year, PAWS clients obtained 52,224 cans of wet food, 22,383 pounds of dry food, and 15,353 pounds of cat litter. We hosted 26 Ask the Vet clinics, providing 108 clients with individual consults with our pro bono veterinarians. PAWS clients also received 236 free annual wellness checkups for their pets; vet vouchers provided clients up to \$200 in financial assistance annually to be used for specialized/acute veterinary care.

---

*"I have had several falls and several significant surgeries in my life. My dog Hope is very aware of the situation and she never wants to leave my side. Although she doesn't show her age, she has already outlived her life expectancy. **PAWS has made it possible for me to keep my beloved Hope** and maintain a good quality of life for her, which translates into a better quality of life for myself. I am so grateful for Hope and for PAWS" – Steven, a PAWS Client*

---



The Shanti **Peer Advocate Care Team (PACT) Program** represents an important expansion of our work to improve health related outcomes for people living in chronic conditions of poverty and frequent hardships. This is important, as these underserved residents prepare for their homes to be rebuilt and their communities widened to include mixed-income residents and on-site health and wellness programming. **We have interviewed over 470 families (83% of the families) living in Potrero Hill public housing to assess their psychosocial needs and access to care.** We will begin offering our Care Navigation and wellness services in Fall 2016.

In FY 2015-2016, Shanti's Cancer Support Group, "**Jeffrey's Place**," served 40 gay/bisexual men with a cancer diagnosis. Cancer is a co-morbidity that occurs increasingly among aging PLWH, though one does not need be HIV-positive to participate in the group. Half of the men served have dual diagnoses with HIV and cancer, and all who have dual diagnoses had a minimum of three different types of cancer.

Our **Community Support Program** is a public policy body that provides management, evaluation, policy analysis, needs assessment, administrative support, and training to council members of the San Francisco Eligible Metropolitan Area HIV Community Planning Council. This body oversees use of over 20 million dollars in Ryan White Part A, CDC HIV Prevention, and local General Fund dollars.

Our **Volunteer Services Program** provided over 18,500 hours in services to our clients. Last fiscal year, we had 139 active Volunteer Caregivers matched with clients; these volunteers donated over 9,500 hours of time. We implemented four volunteer trainings, attended by over 100 people. In FY 2015-2016, approximately 335 volunteers contributed their time to PAWS, with 215 serving as Pet Support Volunteers and 120 serving in other functions, such as event and office volunteers. PAWS volunteers provided over 9,000 hours in services to our clients last year.

---

*"My client has become a part of my life. I talk with her most days, and my life is enriched by knowing her. It's a different type of relationship than any other, one person being of service to another. I really do feel that **my work as a Shanti volunteer has helped me to be a better version of myself.**"*

*- Jill, a Volunteer Caregiver for an HIV Services client*

---

**THANK YOU FOR YOUR SUPPORT!**